





JANUARY 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
January is Alzheimer's Awareness month	Community Learning offers Computers, Bookkeeping, Spanish, Standard First Aid, Emergency First Aid, Confined Space Entry, Ground Disturbance Level 2, W.H.I.M.I.S., T.D.G., H2S Alive, PST, call 723-6247 for info & to register				<u>New Year's Day</u> Leisure Centre, Town Office, Landfill /Transfer Station, FCSS Family Centre CLOSED	Parkland High School is having a Bottle Drive on Sunday Jan. 3rd for their Egypt/Tunisia trip. Businesses wishing to donate and to arrange for pick up please call Cheryl at 723-3434
3	4	5	6	7	8	9
Quit Now - Stop Smoking Program , sessions start Jan. 3 rd 7 pm at the Peers Community Hall. To register & for more info call 780-795-2162, sponsored by Peers Seventh-Day Adventist Church Cost is \$25.00 Sessions: Jan. 3, 4, 5, 6, 7, 8 & 15 Must pre-register by Jan. 1st	Register for courses: check out The Expand Your <u>Horizon's Brochure</u> <u>School resumes today</u>	Drop-In Program resumes at FCSS Family Centre Tues & Thurs 9 – 11:30 am & 1 – 3 pm, until the end of June call 780-723-4338 for info Walk For Your Health: a FREE indoor Drop In program for older adults. Tuesdays 9 – 11 am at the Edson Friendship Centre	Senior's Day at Recycle Depot <u>coffee & snacks 10 am – 1 pm</u> Stay & Play Program resumes at FCSS Family Centre Wed. mornings 9:30 – 11 am until May 26 call 780-723-4338 for info Get Your Rear in Gear FREE Drop-In Adult Fitness Class 7 – 8 pm Westhaven Gym Call 723-4403 for info	<u>Ukrainian Christmas</u> Get Your Rear in Gear FREE Drop-In Adult Fitness Class 7 – 8 pm Westhaven Gym Call 723-4403 for info		The Edson Public Library Will be opened on Sundays from 1:00 – 5:00 pm during the Winter months, call 723-6691 for more info
10	11	12	13	14	15	16
	G's Total Body Blast Adult Fitness Class Jan. 11 – Feb. 17 (Mon/Wed) Feb 22 – Mar. 31 (Mon/Wed) 7:00 – 8:00 pm Cost is \$ 60/Session (Winter I & Winter II) Register at Community Services			Winter Cycle Jan. 14 – Feb. 11 (Mon/Thurs) 7:30 – 8:30 pm Cost is \$50 Belly Dance – It's Back! Jan. 14 – Mar. 4 (Thurs) Level I – 6:30 – 8:30 pm Level II – 8:00 – 9:30 pm Cost is \$80 Register at Community Services		
17	18	19	20	21	22	23
	Adult Learn to Skate Jan. 18 – Feb. 10 (Mon/Wed) 12:10 – 12:45 pm Cost is \$40 Monday Yoga Jan. 18 – Mar. 29 <u>5:30 – 7:00 pm, Cost is \$80</u> Gentle Yoga (Mon) Jan. 18 – Mar. 29 Cost is \$70 7:30 – 8:30 pm		Wednesday Yoga Jan. 20 – Mar. 23 5:30 – 7:00 pm, Cost is \$80 <u>Register at Community Services</u> Men's Yoga (Wed) Jan. 20 – Mar. 23 7:30 – 8:30 pm Cost is \$70 Register at Community Services		Snowshoeing Jan 23. – Mar. 13 (Saturday) 9:30 – 10:30 am Cost is \$ 50 Snowshoes avail. to Rent \$10 Register at Community Services	Robbi Burns Night 6 pm cocktails 7 pm Dinner Masonic Lodge (4725 – 9 Ave) Tickets avail. at B.B.D.S Computers (4 Ave) Dress is formal, entertainment Is the Edson Pipes & Dreams Scottish Dancers
24	25	26	27	28	29	30
					S.C.O.P.E -A -THON Edson Legion 6:00 – 10:00 pm For more info and tickets call 780-723-6100	
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Upcoming Events: Minor Soccer Reg. Feb. 7 Business License Reg. Feb 15 Animal License Reg. Feb. 28						